



W2W Family Resources

Counseling Services

Chicago Center for Family Health | Call 312-372-4731

- Individual, couple and family counseling services.
- Self-pay, insurance, and Medicare payment are accepted.
- Fees are on a sliding scale.
- Locations: Chicago neighborhoods, Evanston, Highland Park, Hyde Park, Northbrook, Oak Brook, Skokie/Old Orchard, and Wilmette

Chicago Department of Public Health | Call 312-747-9768

- Find Mental Health Clinics in Chicago
- Mental health services to residents who experience, everyday -problems in living (i.e. stress, divorce, death, loss of a job, as well as those who are at risk of psychiatric hospitalization).

Parents In Charge Clinic (PIC) | Call 847-733-4300 (Ext. 658)

- The Family Institute of Northwestern University
- Diagnosis, treatment, case management, advocacy, and consultation services for psychiatric disorders.

Grand Prairie Services | Call 866-477-8632

- Provides emotional, behavioral, educational, community support, developmental, and spiritual services.
- Sliding scale fees.
- Locations: South Holland, Flossmoor, Chicago Heights, Tinley Park, Harvey, Midlothian, Hazel Crest

Chicago Children's Center for Behavioral Health |

Call 312-491-5055

- Saint Mary and Elizabeth Medical Center
- No-cost assessment and referrals.
- Psychiatric evaluations, individual, family and expressive therapy.

Latina Women in Action | Call 312-738-5358

- Mujeres Latinas en Acción
- Services for domestic violence, survivors of sexual assault, help for homeless women, youth project, help for families and empowerment workshops for Latinas.

Community Counseling Centers of Chicago (C4) |

Call for Nearest Location- 773-769-0205

- Family and Child therapy groups
- Anger coping Groups
- Parenting workshops

Connections for Abused Women and Their Children |

Call 773-278-4566

- Committed to ending domestic violence.
- Provides shelter for women and children, as well as counseling.

CDHS Human Services Centers | Ask for services needed | 311

- Offers crisis response, weather relief, hunger prevention, emergency food boxes and formula, shelter, referrals and domestic violence assistance.

- Open from 9:00am to 5:00pm, M-F

Catholic Charities | Call for Intake- 312-655-7500

- Emergency Assistance Program
- Emergency financial assistance, food pantry, and short term case management services.

InTouch Crisis Hotline | Call for intake- 312-996-5535

- Free Crisis Intervention/Counseling
- Free crisis intervention, counseling, and referral services.



W2W Family Resources

General Assistance

Department of Human Services | Call 1-800-843-6154

- TANF, food stamps, emergency food programs, child care subsidies, and mental health services.

Metropolitan Family Services | 312-986-4000

- Child and youth development, counseling, legal aid, mental health, and violence prevention and intervention.
- Parenting classes

Child and Family Connections | 800-447-6404

- Early Intervention and free developmental assessments.
- Services for children 0-3 years old with possible developmental delays and disabilities, and high risks.

Child Find | Call for Site Locator- 773-553-1900

- Free screening and referrals for children.

Illinois Coalition for Immigrants and Refugee Rights | Call 312-332-7360

- Dedicated to promoting the rights of immigrants and refugees.

WIC (Women, Infant, and Children) | Call 1-800-323-4769 | Office locator based on zip code

- Services for children 0-5 years old.
- Nutritional program for low income families

Taller de Jose | Call 773-523-8320

- Community resource center that specializes in client accompaniment.
- Accompanies you to resources that may help your family.

Housing Choice Partners | Call 312-386-1009

- Helps and encourages low-income families with rent subsidy to move to areas with better educational and employment opportunities and provides housing educational workshops

Mercy Housing | Call 312-447-4500

- Affordable housing for low- to moderate-income populations & Supportive programs

Family Shelters

Chicago Health and Human Services | Call 311

- Homeless Outreach and 24-hour shelter referral

Catholic Charities | Call 312-655-7700

- Homelessness Services
- Intensive case management and transitional housing for homeless families.

Insurance

State of Illinois | Call 1-866-255-7700

- All Kids, Moms and babies, FamilyCare
- Intensive case management and transitional housing for homeless families.

Adult Educational Assistance

FAFSA | Call 1-800-433-3243 or visit www.fafsa.ed.gov

- Free Application for Federal Student Aid
- Application for federal grants, loans, and work-study
- Help cover educational expenses for college

Jeannette Rankin Women's Scholarship Fund | Visit www.rankinfoundation.org

- Scholarship for low-income women ages 35 and older
- Must be enrolled or accepted in accredited college

Soroptimist | Call 215-893-9000 or Visit www.soroptimist.org

- Scholarship for primary caregiving women who are pursuing or wish to pursue a college education
- Funds may be used for tuition, childcare, books, and transportation

College Board | Visit <http://bigfuture.collegeboard.org/scholarship-search>

- Scholarship search engine to help find grants, scholarships, and loans for college



W2W Family Resources

Family Outings!

Your library may have free family passes for the museums!
Call or visit museum websites for Free Days!

Architecture & Culture

ArchiCenter & Chicago Architecture Foundation | 312-922-3432

224 S. Michigan Ave

Chicago Cultural Center: Building Tour
312-744-6630 | 78 E. Washington St.

Music

Chicago Cultural Center: Classical Mondays
312-744-6630 | 78 E. Washington St.

Art

Loyola University Museum of Art

312-915-7600 | 820 N. Michigan Ave.

Museum of Contemporary Art | 312-280-2660
220 E. Chicago Ave.

National Museum of Mexican Art

312-738-1503 | 1852 W. 19th St.

Smart Museum of Art | 773-702-0200
5550 S. Greenwood Ave.

History

Chicago History Museum | 312-642-4600
1601 N. Clark St.

DuSable Museum of African American History
773-947-0600 | 740 E. 56th Place

Jane Addams Hull-House Museum
312-413-5353 | 800 S. Halsted St.

The Field Museum | 312-922-9410
1400 S. Lake Shore Dr.

Nature

Adler Planetarium | 312-922-7827
1300 S. Lake Shore Dr.

Garfield Park Conservatory | 312-746-5100
300 N. Central Park Ave.

Lincoln Park Zoo | 312-742-2000
2001 N. Clark St.

Peggy Notebaert Nature Museum
773-755-5100 | 2430 N. Cannon Dr.

Shedd Aquarium | 312-939-2438
1200 S. Lake Shore Dr.

Play!

Chicago Public Library | Visit
www.chipublib.bibliocommons.com/events

- Family events such as family reading night, playtime and learning activities

Free Play Groups

- McPherson Elementary Toddler Time | 4728 North Wolcott, Entrance 15 | contact kim@friendsofmcpherson.com
 - o mid- October through mid- March
 - o Tuesdays and Thursdays 10-12pm
- Ankle Bitters Play Group | Queen of Angels Catholic Elementary School
- Call 773-769-4211
 - o Every Monday during school year 10-11am
- St. John Berchmans School | Contact asullivan@stjohnberchmans.org
 - o Thursdays 9:30-11am

Morning Glories | Garfield Park Conservatory | Nature learning activities | Call 7736381766

Navy Pier Children's Museum

- Free Thursday nights from 5pm to 8pm

Lego Store | 835 N. Michigan Ave. 773-763-0313

- Mini model build that kids get to take home free! Ages 6-14